

Brownsburg Curling Club

Activities

The club's mission is above all to promote the practice of curling in the region. It therefore works in cooperation with the Town of Brownsburg-Chatham's Recreation Department, local industry social committees, and various neighboring social clubs and schools to make its facilities accessible to as diverse an audience as possible.

The curling season begins in mid-October and continues through early April.

The club has a flexible schedule of the following activities in place to promote multi-generational use combining interests, skills and availability:

Friendly League (Monday evening)

Monday evenings, for a period of three hours, players * of all levels are invited to participate in friendly games. The person in charge of these sessions forms teams every four to five weeks from the group of registered players and assigns them their new position in each of the teams. While allowing participants to play in different positions and with different people, this formula facilitates the integration of new players. It also offers them the opportunity to progress by receiving advice from more experienced players and subsequently giving them the opportunity to join the competitive league.

Introductory curling program for seniors (Tuesday morning)

Tuesday mornings (three hour block) are reserved for seniors to experience curling. This program is promoted in cooperation with residences for independent seniors. During these periods, instructors are present to introduce players to the practice of curling with or without a throwing rod in a safe way, and to accompany them during the games.

Competitive league (Tuesday and Wednesday evening)

Teams compete in a competitive format throughout the season, Tuesday and Wednesday evenings for a period of three hours. Team captains are responsible for ensuring that their teammates are available on the dates and times scheduled and for finding replacements if necessary. The season ends with playoffs and league games.

Daytime curling (Monday and Thursday morning)

Monday and Thursday mornings, for a three-hour block, players of all levels come together for participatory and friendly games. The person in charge of these sessions forms balanced teams from the people present while offering them to play in different positions and with players of different levels. Experienced players and instructors are present during the games to give advice and supervise practices before and after the games.

Club-Schools partnership (Wednesday and Friday morning)

In collaboration with physical education teachers from neighboring schools, three-hour time slots and instructors are made available to introduce students from 10 to 12 years old to curling and give them the appropriate training.

"Learn to Curl" training program (Thursday evening) (October to December)

Two ices are reserved every Thursday evening for a period of three hours for the training of anyone interested in curling and who has little or no previous experience. The eight-week training follows Curling Canada's Learn to Curl program. Instructors with prior training oversee the program.

This program is complemented by periods of supervised practice for participants wishing to review specific aspects of the course or to better master them.

Targeted training clinic (Thursday evening)

Clinics to perfect techniques associated with the practice of curling are offered on Thursday evenings between sessions scheduled for learning curling. These usually one night clinics vary in length and focus on team captain training, effective sweeping techniques, casting control and the practice of throwing rod curling. Sessions to train personnel in ice maintenance are also offered.

2 on 2 competition (Thursday evening) (December to April)

Two ices is reserved every Thursday evening for a block of three hours (two games) to practice curling in teams of two. Although held in a competitive context, these games offer a well-supervised practice opportunity in order to perfect different techniques thanks to a fast pace of play and a high number of throws per player.

Social evening (Friday evening)

Every second Friday evening, for a period of two hours, the players and their guest (s) can come and play a game of curling. The person in charge of these sessions forms teams from the people present. Experienced players and instructors are on hand before games to provide refresher training for those new to curling for the first time, as well as advice during the game.

Mixed League (Friday evening)

Every second Friday evening, alternating with social evenings, for a period of four hours (two small format games), ices are available for the mixed league. This league is made up of teams (two men and two women) who compete against each other in rotation. Team captains are responsible for ensuring that their teammates are available on the dates and times scheduled and for finding replacements if necessary.

Curling initiation program for young people (Sunday morning)

In order to ensure the sustainability of the practice of curling in the Basses-Laurentides region, it is imperative to attract a younger clientele. Sunday mornings (three-hour block) will therefore be reserved to allow the implementation of a program similar to Curling Quebec's Igloo Program for elementary-age children.

Please Contact **Mr Michel Drapeau**

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Special events and Rentals (Saturday and Sunday)

The club organizes many friendly tournaments during the season (especially Saturdays). These tournaments are open to members and anyone interested in participating. If necessary, refresher or introductory training precedes the games for players with little or no previous experience.

In addition to Sunday mornings and during special events organized by the Club, ices remains available for hire (in two-hour blocks) for any group interested in curling. During these rentals, the services of instructors are offered to introduce players to the game in a safe manner and to accompany them during the games.

Periods of practice and training (Monday to Friday)

During the season, ices are available to members of the different leagues from Monday to Friday, for individual or team practices and / or training between 4:00 p.m. and 6:30 p.m.